

## ABSTRACT OF THE DISCLOSURE

Apparatus for adjusting the firmness, support, or sag of a mattress includes an inflatable device having a substantially convex cross-sectional shape that is thicker in the center region and gradually thinner toward the edges, a material and constitution for  
5 maintaining the convex shape under the weight of the mattress and a person, and a set of dimensions large enough to adjust firmness, support, or sag for the majority of an area of the mattress used by the person.